

## **HOT and COLD MEALS (ALL MEALS SERVED W/ DAILY SALAD)**

<u><b>Nov 23-27</b></u>	<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
<b>Cold option</b>	Pastrami & Swiss on rye	Crispy Caesar Chicken Wrap	Roast Beef Ciabatta	Turkey BLT	Sausage Sub
<b>Cold vegetarian</b>	Veg ch. salad	Veg chicken ciabatta w/ pepper + Philly	Falafel wrap	Omelette sandwich	Grilled Veggie Focaccia (V)
<b>Hot Option #1</b>	Chicken Schnitzel	Beef Hamburger	Chicken Nuggets	Italian Sausage Ratatouille	Pizza
<b>Hot Option #2</b>	Grilled Cheese	Pasta Bolognese	Grilled Cheese	Pasta Primavera	Grilled Cheese
<b>Daily Salad*</b>	Couscous Salad	Greek Feta Salad	Quinoa Salad	Tri-Color Rotini Salad	Orzo & veggie salad
<b>Dessert</b>	Oatmeal cookie	Fresh fruit	Fruit/veg loaf	Fresh fruit	Chocolate chip cookie
<b>Drink</b>	Milk or Juice Box	Milk or Juice Box	Milk or Juice Box	Milk or Juice Box	Milk or Juice Box
<b>Nov 30-Dec 4</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Cold option</b>	Tuna Wrap	Egg salad on Croissant	Roast Beef Ciabatta	Turkey Club on Baguette	Lox & Cream Cheese Bagel
<b>Cold vegetarian</b>	Veg ch. salad	Veg chicken ciabatta w/ pepper + Philly	Falafel wrap	Omelette sandwich	Grilled veg wrap w/ feta
<b>Hot Option #1</b>	Chicken Burger	Pork Loin Roast	Chicken Drumsticks	Lemon Pepper Cod	Mac & Cheese
<b>Hot Option #2</b>	Grilled Cheese	Pasta Bolognese	Grilled Cheese	Pasta Primavera	Grilled Cheese
<b>Daily Salad*</b>	Couscous Salad	Greek Feta Salad	Quinoa Salad	Tri-Color Rotini Salad	Orzo & veggie salad
<b>Dessert</b>	Oatmeal cookie	Fresh fruit	Fruit/veg loaf	Fresh fruit	Chocolate chip cookie
<b>Drink</b>	Milk or Juice Box	Milk or Juice Box	Milk or Juice Box	Milk or Juice Box	Milk or Juice Box
<b>Dec 7-11</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Cold option</b>	Pastrami & Swiss on rye	Crispy Caesar Chicken Wrap	Roast Beef Ciabatta	Turkey BLT	Sausage Sub
<b>Cold vegetarian</b>	Veg ch. salad	Veg chicken ciabatta w/ pepper + Philly	Falafel wrap	Omelette sandwich	Grilled Veggie Focaccia (V)
<b>Hot Option #1</b>	Chicken Schnitzel	Beef Hamburger	Chicken Nuggets	Italian Sausage Ratatouille	Pizza
<b>Hot Option #2</b>	Grilled Cheese	Pasta Bolognese	Grilled Cheese	Pasta Primavera	Grilled Cheese
<b>Daily Salad*</b>	Couscous Salad	Greek Feta Salad	Quinoa Salad	Tri-Color Rotini Salad	Orzo & veggie salad
<b>Dessert</b>	Oatmeal cookie	Fresh fruit	Fruit/veg loaf	Fresh fruit	Chocolate chip cookie
<b>Drink</b>	Milk or Juice Box	Milk or Juice Box	Milk or Juice Box	Milk or Juice Box	Milk or Juice Box
<b>Dec 14-18</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Cold option</b>	Tuna Wrap	Egg salad on Croissant	Roast Beef Ciabatta	Turkey Club on Baguette	<b>Early Dismissal 11:45 a.m.</b>
<b>Cold vegetarian</b>	Veg ch. salad	Veg chicken ciabatta w/ pepper + Philly	Falafel wrap	Omelette sandwich	
<b>Hot Option #1</b>	Chicken Burger	Pork Loin Roast	Chicken Drumsticks	Lemon Pepper Cod	
<b>Hot Option #2</b>	Grilled Cheese	Pasta Bolognese	Grilled Cheese	Pasta Primavera	
<b>Daily Salad*</b>	Couscous Salad	Greek Feta Salad	Quinoa Salad	Tri-Color Rotini Salad	
<b>Dessert</b>	Oatmeal cookie	Fresh fruit	Fruit/veg loaf	Fresh fruit	
<b>Drink</b>	Milk or Juice Box	Milk or Juice Box	Milk or Juice Box	Milk or Juice Box	